

Yoga For Every "Body"



Viniyoga is customized to individual student's needs and abilities. Function is focused on over form. Emphasis is on integrating breath with movement. Any "Body" can do Viniyoga with modifications as needed.....**Time Magazine 2001**

Located in



Federal Way Naturopathy

900 So. 336th St.

Federal Way

253-737-3930

Call for class schedule or Check Class Schedule at

www.bambooasanayoga.com

FREE Yoga Class

Come try a class for free.
First time students please.
No Obligation!

FREE Yoga Class

With the purchase
of a 5 or 10 class
Punch Card.

Anyone can do Viniyoga with safety and clarity of postures combined with a normal breathing pattern.